

CURRICULAM VITAE

Dr. Madhurima Saha (PT)

Specialization: Orthopedics

E-Mail: madhurima17.saha@gmail.com

Mobile no.: +91 9051125878

Address: Shiv Shankar Apartment, Barrackpore, West Bengal.



PROFFESIONAL OUTLINE

Working as a Teaching Assistant at Department of Physiotherapy, Swami Vivekananda University, Barrackpore from January 2026 – Present.

CAREER OBJECTIVE

To contribute to excellence in physiotherapy education, research, and clinical practice through innovative teaching, evidence-based learning, and academic leadership. I aim to foster evidence-based practice, mentor future physiotherapists, promote interdisciplinary collaboration, and contribute to institutional growth through teaching, research, and professional service.

EDUCATIONAL QUALIFICATIONS

Master of Physiotherapy (MPT) – Orthopedics

Burdwan Institute of Medical and Life Sciences (WBUHS)

2023-2025 | Percentage: **75.4%**

Bachelor of Physiotherapy (BPT)

WBUHS | Percentage: **70.3%**

Higher Secondary (12th -Science)

WBCHSE | Percentage: **74.8%**

Secondary (10th)

WBBSE | Percentage: **78.5%**

AWARDS & ACHIEVEMENTS

“First position in BPT 4th Examination” from Burdwan Institute of Medical and Life Sciences.

“First position in BPT 1st Examination” from Burdwan Institute of Medical and Life Sciences

INTERNSHIP EXPERIENCE

Done **6 months** internship from July 2020 to December 2020 at Burdwan Medical college and Hospital

CLINICAL & TEACHING EXPOSURE

Under graduate teaching exposure during MPT clinical postings

Demonstration of physiotherapy techniques to BPT students

Clinical supervision in Orthopedics, neurology and general physiotherapy OPD

Case presentation

TRAINING & WORKSHOPS

2019 – “Basic Spinal Manual Therapy Workshop” from FitOFine, Burdwan. (2 Days)

2018 - “Hands on Dry Needling Workshop” from FitOFine, Burdwan (2 Days)

2018 - “Workshop on Therapeutic Taping” from FitOFine, Burdwan (2 Days)

PUBLICATIONS:

1. **Madhurima Saha**, Soumi Das : Low-load, high-impact: A review of blood flow restriction training for quadriceps strengthening in knee osteoarthritis. *International Journal of Multidisciplinary Trends* 2026; 8(4): 13-17, DOI: <https://www.doi.org/10.22271/multi.2026.v8.i4a.989>.
2. Soumi Das, **Madhurima Saha**: Effectiveness of functional training with patient education in the management of chronic bell's palsy: A case study. *International Journal of Multidisciplinary Trends* 2026; 8(4): 63-69, DOI: <https://www.doi.org/10.22271/multi.2026.v8.i4a.998>
3. **Dr. Madhurima Saha (PT)**, Dr. Shrabasti Manna (PT): Effectiveness of Spencer's technique in the management of adhesive capsulitis: A case study. *Indian Journal of physical therapy* 2026; 7(2); 313-320, DOI: <https://doi.org/10.63299/ijopt.07021ab8>
4. **Dr. Madhurima Saha**, Dr. Shrabasti Manna, Dr. Abhas Pratyush : Pelvic realignment and functional improvement following Muscle Energy Technique in mechanical Sacroiliac joint dysfunction: A case report. *International Journal of Innovative Science and Research Technology* 2026; 6-11, DOI: <https://doi.org/10.38124/ijisrt/26jun1592>
5. Dr. Abhas Pratyush , Dr. Samarth Gupta, **Dr. Madhurima Saha** : Targeted postural and ergonomic rehabilitation for Tech Neck Syndrome: An ICF- based case report. *International Journal of Innovative Science and Research technology* 2026; 53-58, DOI: <https://doi.org/10.38124/ijisrt/26jun1597>

BOOK CHAPTER:

1. **Dr. Madhurima Saha**. Evidence- based advanced rehabilitation strategies following total knee arthroplasty: Multi Spectrum Publications 2026; ISBN: 978-81-999601-7-6
2. **Dr. Madhurima Saha**. Load management and tissue capacity in orthopedic rehabilitation: A mechanobiological and clinical perspective: Multi Spectrum Publications 2026; ISBN: 978-81-685355-1-0.

PERSONAL DETAILS

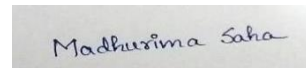
Date of birth: 17th august 1997

Nationality: Indian

Languages known: English, Bengali, Hindi

DECLARATION

I hereby declare that the above information is true and correct to the best of my knowledge. I am committed to contributing to excellence in physiotherapy education, research, and patient care through continuous learning, teaching, and scholarly activities.

A rectangular box containing a handwritten signature in blue ink that reads "Madhusima Saha".

Place: Barrackpore

Signature